



Friday dinner:

- Cozy Autumn Wild Rice soup (vegan and gluten free)
 - Roasted chicken as an add in.
- Kale salad
- Artisan bread
- Blueberry Apple Crisp
- Hot apple Cider

Saturday breakfast

- Farm Fresh scrambled eggs
- Breakfast platter with Bacon and sausage
- Roasted Potatoes
- Homemade bread & local strawberry jam.
- Whole fat greek yogurt & Berry Granola
- "Mountain Roasters" Local Coffee

Saturday Lunch

- Sandwich platter
- Green Salad
- Chips
- Harvest Cookies

Saturday Dinner

- Lasagna (Vegetarian & Local ground beef) - Red Lentil pasta with vegetables for Vegans, Low carb meat option as well.
- Homemade Garlic bread
- Salad
- Cake platter (Carrot, & white)
- Autumn punch

Sunday Breakfast

- Variety of Quiches & Frittata
- Steel cut Oats (maple & cinammon available for topping)
- Fresh Fruit
- "Mountain Roasters" Local Coffee